

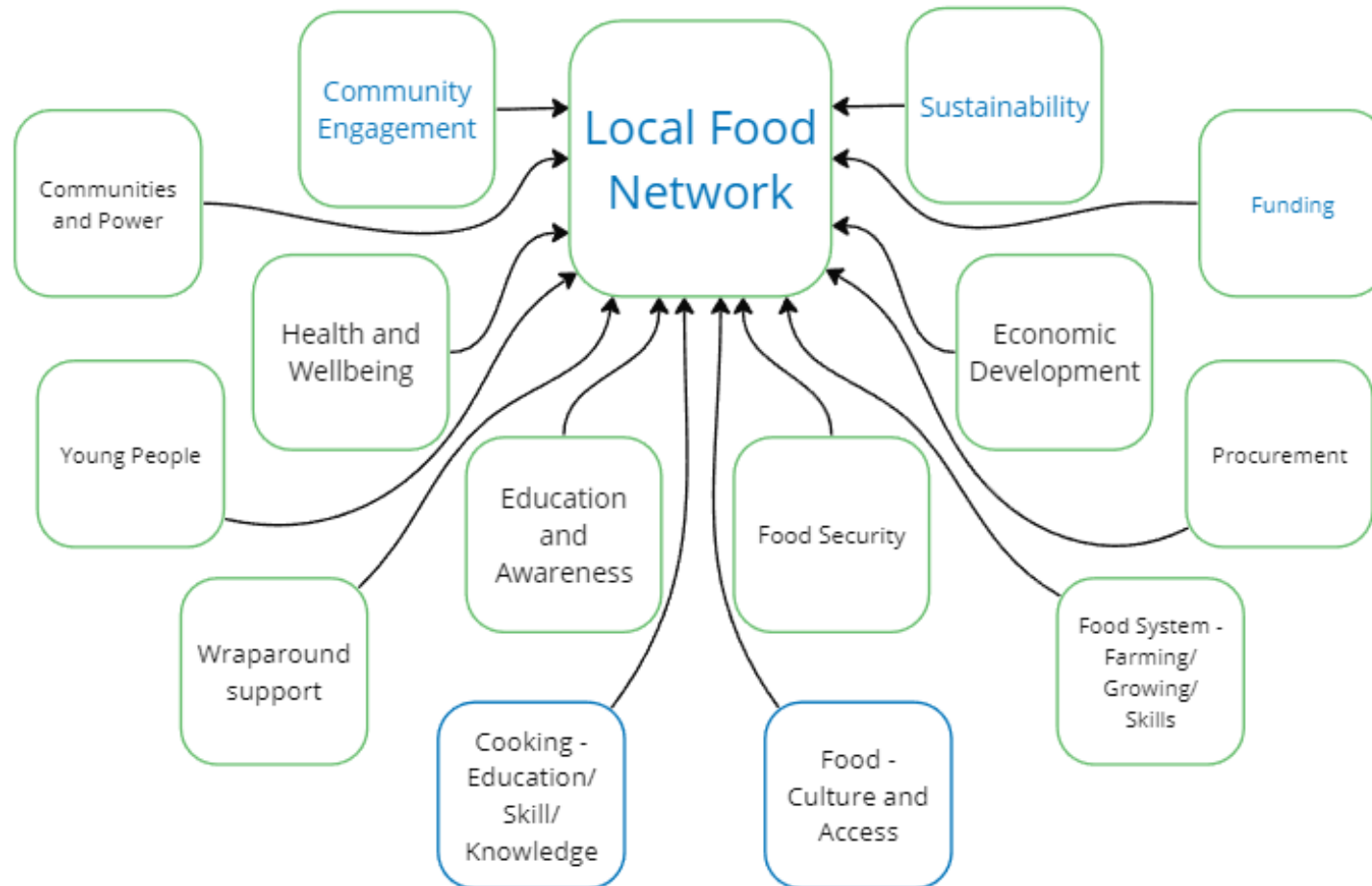
Nourishing Gloucester Forum

November 2023



Nourishing Gloucester

FG Launch and Conversations



What we need for a sustainable Food Network by 2030

Prioritising fresh healthy food over processed food

Access to fresh healthy food

Affordable fresh food available - old fashioned fruit and veg van

More focus on nutrition

Better links with local farmers for sustainability - better access to fresh food

Links into healthy weight agenda

Knowledge of what is already in place - finding gaps and avoiding duplication

Knowledge of what is already in place - current and potential capacity

Partnership work - cross sector

Connected current provision

More joined up support

Need to build in capacity

Acknowledgement of peoples lives beyond food - more holistic approach (childcare/relationships)

Build relationships - takes time

Food for Everyone - regardless of income, status, culture

Affordable food

Good food not a privilege for the few, it is the right for the many

Good food is local, ethical, fair - healthy for people and the planet

Too expensive

Realistic goals

Community Kitchens

Community fridges and freezers

Community food hubs

pantry provision/ freezers/ community fridges

Different dietary requirements

Choices for different culture/dietary needs

Cultural Differences

Culturally appropriate food in the pantries etc

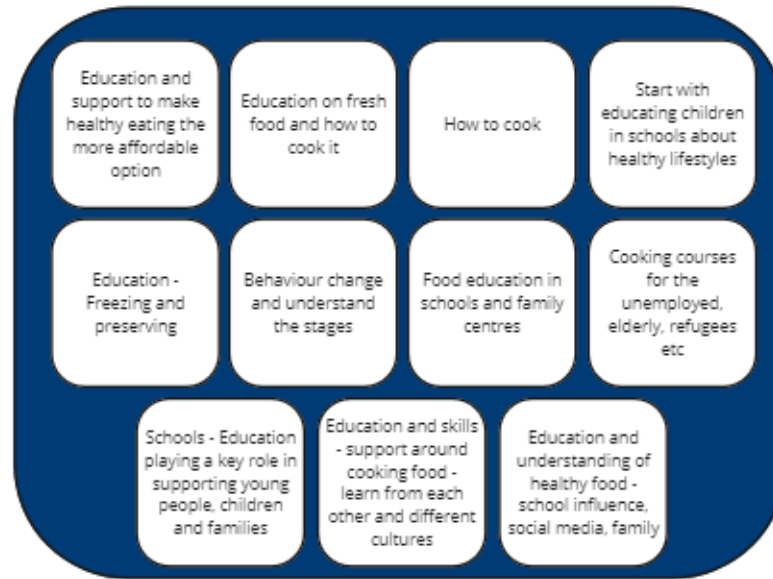
What we need for a sustainable Food Network by 2030

Long table is Stroud - pay what you can for a hot meal

Feed people alongside activities

Adequate cooking equipment and the means to be able to cook - use oven/microwave

Networks - VCS/Strategic/ Schools.



campaign against fast food outlets

Battling big industry (such as McDonalds) around healthy eating

Decent food in schools, hospitals and care homes

Breakfast clubs for all ages and for everyone - Pay as you Can

Sustainable funding

What we need for a sustainable Food Network by 2030

Growers/
allotments

Make it easier for
people to get
allotments

Seedbanks

More guerilla
gardening on plots
of land not being
used

Green
spaces/compost

More connected to
local
growers/farmers

Education and
skills - how to grow

People from
allotments
donating excess
produce

Supporting people
to ask for help re
Food Poverty

Reducing Stigma

referral and access

Fed is best

There is an old
saying - you are
what you eat

Long term effects
of food aversion

Drop of point for
producers - central

Surplus - centralise
storage

Understand where
food is coming
from and how it is
distributed

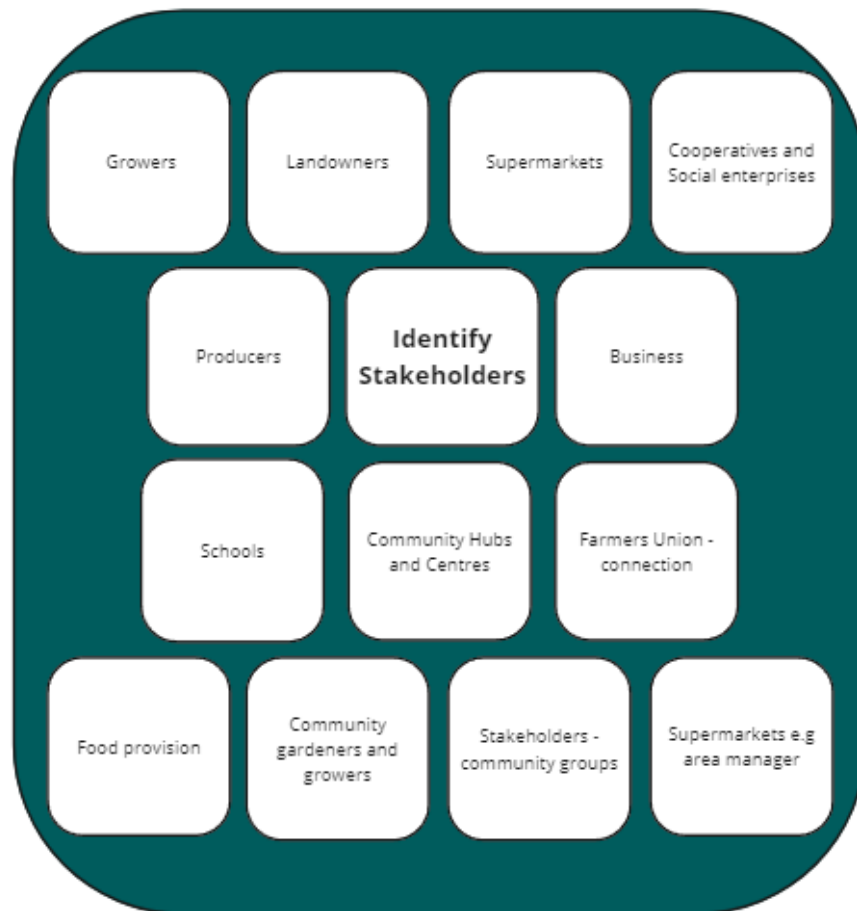
Food Waste -
where does it go

Reduction of food
waste - schools and
restaurants

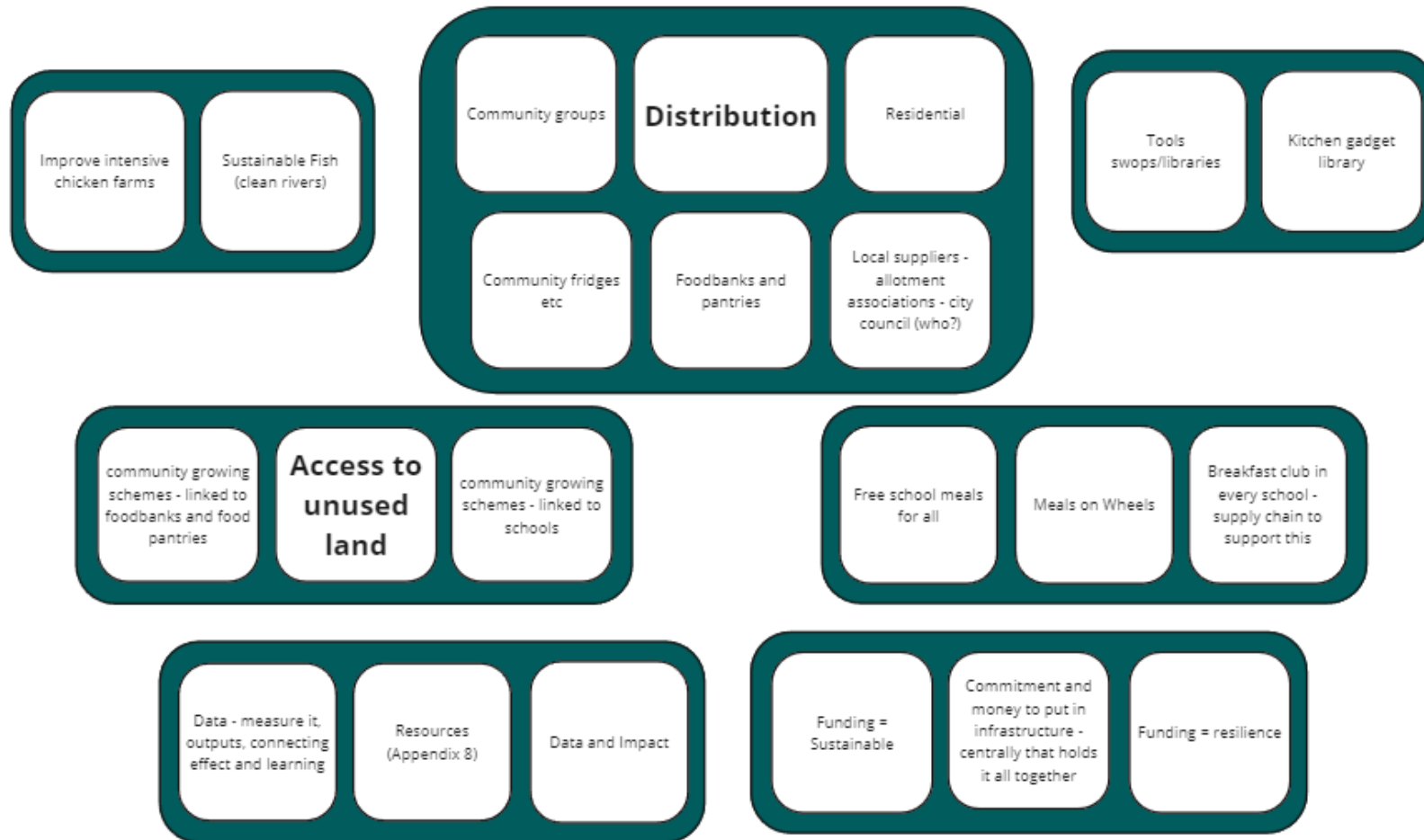
How we can create the network and who should be around the table



How we can create the network and who should be around the table



How we can create the network and who should be around the table



Improve intensive chicken farms

Sustainable Fish (clean rivers)

Community groups

Distribution

Residential

Tools swops/libraries

Kitchen gadget library

Community fridges etc

Foodbanks and pantries

Local suppliers - allotment associations - city council (who?)

community growing schemes - linked to foodbanks and food pantries

Access to unused land

community growing schemes - linked to schools

Free school meals for all

Meals on Wheels

Breakfast club in every school - supply chain to support this

Data - measure it, outputs, connecting effect and learning

Resources (Appendix 8)

Data and Impact

Funding = Sustainable

Commitment and money to put in infrastructure - centrally that holds it all together

Funding = resilience